




RUSH OF PRANA
NATURAL VEGAN ENERGY SIPS

**JUICES**

ORGANIC AND SUGAR FREE

ORANGE JUICE
Freshly Squeezed

ABC OF JUICE
Apple, Beet, Carrot

WHEATGRASS COOLER
Fresh Apple Juice and Wheatgrass Shot


CARROT TOP (VATA)
Carrot, Turmeric, Ginger, Orange


CHILL PILL (PITTA)
Spinach, Apple, Cucumber, Lime


FIRE STARTER (KAPHA)
Orange, Lemon, Ginger, Cayenne


SEASONAL JUICE
Ask Server For Details


JUICE OF THE DAY


 **CHANDRA MOON MONDAY**
Coconut Water, Coconut Flesh


 **KUJA MARS TUESDAY**
Beets, Carrots, Celery, Orange


 **BUDDHI MERCURY WEDNESDAY**
Spinach, Cucumber, Celery, Lime

 **GURU JUPITER THURSDAY**
Lemon, Turmeric, Carrots, Orange

 **SHUKRA VENUS FRIDAY**
Apple, Beets, Coconut Water


 **SHANI SATURN SATURDAY**
Cucumber, Beets, Apples, Spirulina

 **SURYA SUN SUNDAY**
Lemon, Celery, Carrots, Orange


**BUILD YOUR OWN JUICE**

SELECT 4 INGREDIENTS. \$0.75 EACH ADDITIONAL INGREDIENTS

• Apple	• Turmeric	• Lime
• Cucumber	• Coconut Water	• Kale
• Lemon	• Celery	• Beets
• Orange	• Carrots	• Ginger
• Pineapple	• Spinach	• Mint

**SHOTS**

Ginger • Turmeric • Wheatgrass • Immunity

**HOT DRINKS**

OAT MILK CHAI
Annapurna's House-Made

GOLDEN MILK
A Wellness Latte: Turmeric and Black Pepper with choice of milk. Add ginger \$.75

TEA


7

3

5

5

3


**BUILD YOUR OWN ACAI BOWL**

Açai, Mixed Berries, Banana, Coconut Milk

SELECT 3 TOPPINGS
\$.75 FOR EACH ADDITIONAL TOPPING


TOPPINGS

• Almond Butter	• Sunflower Seeds
• Almond Slivers	• Cranberries
• Cacao Nibs	• Banana
• Cashews	• Pineapple
• Chia Seeds	• Raspberry
• Grain Free Granola	• Blueberry
• Hemp Hearts	• Strawberry
• Sesame Seeds	• Blackberry
• Shredded Coconut	• Dragon Fruit
• Mango	• Kiwi
• Goji Berries	• Pumpkin Seeds

**COLD BOWLS**

PARFAIT
Pineapple, Grapes, Strawberries, Vegan Yogurt And Grain Free Granola

FRUIT SALAD
Pineapple, Grapes, Strawberry

**HOT FOOD**

MUMBAI FRANKIE
Veggie Potato Masala, Vegan Cheese, Garlic Sauce And Sambal Chile, Wrapped In A Vegan, Gluten Free Wrap

VEGGIE WRAP
Lentil and Walnut Pate, Jicama, Carrots, Cucumbers, Spinach. Add Falafel

FALAFEL PLATE
Three Homemade Falafel Served With Lentil And Walnut Pate, Garlic Sauce, Sambal Chile On A Bed Of Spinach

INCA BREAKFAST
Quinoa, Slivered Almond, Shredded Coconut, Dried Cranberries, Steamed Milk of Choice, Sweetener of Choice

KITCHARI
Basmati Rice, Yellow Split Mung Beans, Vegetables, Greens, Spices

SOUP DU JOUR
Ask Server For Details

10


6

10

7

7

6

**SMOOTHIES**

ORGANIC AND SUGAR FREE


COOL DUDE (PITTA)
Dragonfruit, Strawberry, Mint, Banana, Macadamia Milk

DATE WITH EINSTEIN (VATA)
Blueberry, Date, Almond, Almond Milk

VERI-BERRY (KAPHA)
Mixed Berries, Cacao, Agave, Oat Milk

ISLAND HOPPER
Strawberry, Banana, Pineapple, Mango, Coconut Milk

SEASONAL SMOOTHIE
Ask Server For Details


**BUILD YOUR OWN SMOOTHIE**


SELECT 4 INGREDIENTS
\$0.75 FOR EACH ADDITIONAL INGREDIENT

INGREDIENTS

• Apple	• Orange	• Blueberry
• Banana	• Kale	• Pineapple
• Blackberry	• Kiwi	• Raspberry
• Dragonfruit	• Lemon	• Spinach
• Coconut Flesh	• Lime	• Strawberry
• Coconut Water	• Mango	• Mint

VEGAN MILK OF CHOICE
Soy, Oat, Almond, Hemp, Macadamia, Coconut

**BOOSTERS**

**COLD DRINKS**

WHOLE YOUNG COCONUT
Fresh Coconut Water

GINGER LEMON TEA
Ginger, Lemon

MANGO LASSI
Vegan Yogurt, Mango Puree
Rose Essence, Cardamom

FRUIT PUNCH
Orange Juice, Coconut Water, Lime, Cranberry Juice, Pineapple Juice, Agave Syrup

GINGER BEER

1

6


5

7

7

4

PROUDLY SERVING ANNAPURNA'S PROPRIETARY TEA BLENDS.
SERVED WITH MILK AND SWEETENER IF DESIRED.



RUSH OF PRANA

TEA MENU

ALBUQUERQUE BREAKFAST
caffeinated blend of black and spicy herbal tea

SANTA FE BREAKFAST
energizing blend of herbal teas

WORLD CHAI
decaffeinated black tea and chai spices

FRESH GINGER
minced ginger

CCF
ayurveda's Tums

VATA TEA
grounding blend of herbs

PITTA TEA
cooling blend of herbs

KAPHA TEA
invigorating blend of herbs

LIVE 4 LIFE
blend of herbs for overall well being

TULSI
herbal tea that promotes mental clarity and improves concentration

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