

ADD TO:  
JUICES, SMOOTHIES, ACAI BOWLS, HOT OR COLD DRINKS



## RUSH OF PRANA

### BOOSTER SUPPLEMENT MENU

SEE BACK PAGE FOR DETAILED BOOSTER INFORMATION

Amalaki  
Ashwagandha  
Bacopa  
Fennel  
Guduchi  
Immune Health Now  
Maca  
Matcha  
Moringa  
Neem  
Pippali  
Protein  
Punarnava  
Shankhapushpi  
Shatavari  
Spirulina  
Triphala  
Turmeric Tonic



\$1 / SELECTION

### **AMALAKI**

Detoxification and rejuvenation for the entire body

### **ASHWAGANDHA**

Rejuvenative for adrenal health

### **BACOPA**

Rejuvenative for the mind and nervous system

### **FENNEL**

Supports healthy digestion

### **GUDUCHI**

Rejuvenative for overall health and well-being

### **IMMUNE HEALTH NOW**

This blend bolsters the body's immune defenses, supports healthy lungs, and strengthens the respiratory system

### **MACA**

Balances Hormones

### **MATCHA**

Heighten concentration and enhance metabolism

### **MORINGA**

Natural anti inflammatory that increases energy

### **NEEM**

Naturally detoxifies liver and blood

### **PIPPALI**

Supports digestion and proper function of the respiratory system

### **PUNARNAVA**

Purifies blood, promoting healthy liver, kidneys and heart

### **SHANKHAPUSHPI**

Supports mental health and emotional stability

### **SHATAVARI**

Nourishing tonic for men and women that supports a healthy libido

### **SPIRULINA**

Helps balance candida and may reduce likelihood of yeast infections

### **TRIPHALA**

Detoxifies the entire body

### **TURMERIC TONIC**

Benefits the health of the immune system